



OVARIAN CANCER

Ovarian cancer causes more deaths than any other cancer of the female reproductive system.

Known Risk Factors

- Family history of ovarian, breast or colon cancer
- Personal history of breast, endometrial or colon cancer
- Postmenopausal women
- Born with an alteration in the BRAC1 or BRAC2 gene
- Not bearing children
- Infertility and/or late menopause

Possible Risk Factors

- Use of talc based genital powders
- Use of fertility drugs
- Hormone replacement therapy (HRT)

Factors That May Lower Risk

- Use of oral contraceptives
- Breastfeeding
- Tubal ligation or hysterectomy
- Low fat diet
- Having the ovaries removed

Symptoms

- Bloating, feeling of fullness, cramping, hardness in abdomen
- Constant and progressive changes in bowel/bladder patterns
- Persistent digestive problems (indigestion, gas, nausea)
- Abnormal bleeding from the vagina
- Weight loss or gain
- Pain during intercourse
- Fatigue

If these symptoms persist and are unusual for you, schedule an appointment with your doctor.