



PROSTATE CANCER

*Prostate cancer is the most diagnosed cancer in American men.
With early detection, men can be treated successfully.*

Risk Factors

- Men over the age of 50
- Lack of physical activity
- Obesity
- High dietary fat intake
- Family history

Symptoms

- Weak or interrupted flow of urine
- Inability to urinate or difficulty in beginning to urinate
- Need to urinate frequently
- Pain or burning upon urination or ejaculation
- Blood in urine or semen
- Continuing pain in the lower back, pelvis or upper thighs

Early Detection

- Digital rectal examination (DRE)
- Prostate Specific Antigen (PSA) blood test every year after age 50, or after age 40 if the patient has a family history or are African American

See your doctor if you have any of these symptoms or notice unusual changes in your health.